

8th June 2024

Marshside Campsite, Minster

Eating healthily and to staying active, helps Scouts be at their very best!



Be Active Badge Day

10.30am - 12.00 noon

We'll have lots of different ways for you to be active and you'll earn your Be Active Activity Badge!



Health & Fitness Badge Day

1.00pm - 3.00pm (arrive from 12.30pm)

We've got some fun physical things for you to do so that you can earn your badge!

Why not have a Picnic?

12.30pm - 1.00pm

You're welcome to arrive from 12.30pm so why not pack a lunch and have a picnic with your Colony. Go for a healthy lunch and a non-fizzy drink in reuseable bottle.



The Base(ics!)

In their Dreys and Colonies, the Squirrels and Beavers will be having a go a number of 'challenges' set-up at bases around the campsite. There will be a clear signal to tell you when to start and when to move to the next base.

Already got the badge? Time to plus it up!



For those who have already earned their Activity badge, we have added activities so that you can take your badge to the highest level!



Healthy Food

Beavers will be making their own fruit kebab and Squirrels will be provided with a fruit lolly.

Healthy Heart

What's your heartbeat got to do with being healthy? Run a race, overcome obstacles, and hula up your heart rate to find out.



Important Stuff!

In the interest of safety, please can you arrange a meeting point for your group in the village (e.g. Minster Railway Station) and walk your Drey/Colony to and from the campsite. At the end of the event, all Dreys/Colonies will walk to the end of the lane together. Parents WILL NOT be admitted to the campsite.

Please ensure that all of your group arrive and leave in uniform.



The cost is £1.50 per young person, payable on the day.
(cheques payable to D.A.C)

Coming or Not, we need to know!

<https://thanetscouts.org.uk/signup>